

# thyroid sheet

فريق مداد

## personal history

A ♂, ♀ patient named ..... , ..... years old, living in ..... , works as..... , single/  
married / divorced / widow since ..... (she has .... children , last one since ..... ) , (menarche is at ..... years old , regular / irregular ) ,  
he/she does not smoke / smokes ..... cigarettes per day , alcoholic / not alcoholic

## complaint

the patient complains from a swelling in the lower aspect of the front of the neck (with pain) /  
OR the patient complains from ..... manifestation of toxic goiter.....

## analysis of complaint

Swelling started with sudden / acute / gradual / accidental onset , it has progressive / regressive / stationary course , for ..... weeks / monthes / years  
duration . It may be due to pergnancy / lactation / menstruation / effect of drug / iodine deficiency  
Pain starts with sudden / acute / chronic / accidental onset , it has progressive / regressive / stationary course , for ..... weeks / monthes / years  
duration . (pain is related to the swelling , is referred to the ear)

## analysis of complaint (toxic manifestations)

The patient suffers / does not suffer from intolerance to heat , sweating , loss of body weight inspite of normal appetite . there is / is no myopathy  
There is / is no tremors , nervousness , irritability , insomnia , hyperreflexia . There is / is no palpitation . There is / is no diarrhea .  
The patient suffers / does not suffer from polyuria , decreased libido . the patient suffers / doesn't suffer from diplopia , blurred vision , exophthalmus .

## analysis of complaint (malignant manifestations)

The swelling shows / doesn't show rapid increase in size , hardness , immobility . the patient suffers / does not suffer from hoarseness in voice  
, pain in ear lobule , dysphagia , dyspnea  
The patient suffers / does not suffer from jaundice , pain in Rt hypochondrium . He / She suffers / does not suffer from dyspnea , cough , hemoptosis  
He / She suffers / does not suffer from boneache , headache , confusion , drowsiness .

## analysis of complaint (pressure manifestations)

The patient suffers / does not suffer from dyspnea , stridor , dysphagia , displaced carotid pulsations , hoarseness of voice , retrosternal extension /  
cyst formation / hemorrhage in cyst / calcification

## past & family history

the patient had / didn't have similar conditions . He / She had / didn't have previous neck operations , neck irradiation , drug intake  
He / She ha / does not have hypertension , diabetes , heart disease , drug allergy  
There is / is no similar conditions in his / her family

## general examination

The patient has a facies with normal appearance / irritable with a staring look / with cachexia . He / She is average weight / overweight / underweight .  
Temperature is ..... °C , pulse is ..... / minute (with a water hammer pulse) , blood pressure is ..... / ..... mmHg , respiratory rate is ..... / minute  
there is / is no swelling in his / her scalp . Eye examination shows / doesn't show tremors in the upper eyelids , presence / absence of exophthalmos ,  
pallor , jaundice . Eye lids shows / does not show puffiness .  
Stellwag' sign / Von grafe's sign / darymple's sign / Joffroy's sign / mobius sign are present  
Stellwag' sign / Von grafe's sign / darymple's sign / Joffroy's sign / mobius sign are absent  
Lips shows / does not show pallor , cyanosis . Tongue shows / does not show tremors  
Upper limb examination shows that radial pulse is ..... / min , with normal / warm sweaty hands / dark thick pale skin  
Lower limb examination shows / does not show edema , with normal / slow / fast reflexes  
Chest examination shows ..... . Abdominal examination shows .....

## local examination

### inspection

There is solitary swelling . It is located in the muscular triangle . With a butterfly / irregular / solitary nodular shape . it is ..... X ..... X ..... cm  
. With a smooth / nodular surface . skin overlying the swelling shows / does not show redness / scars / necrosis / ulcer / sinus / fistula / dilated veins  
/ pigmentation / infiltration / timble / buckery . it is deep to sternomastoid muscle . it moves up & down with deglutition with / without pulsation  
Lower border can / can not be seen . there is / is no other swelling in the neck .

### palpation

the swelling is within normal temperature / hot . It is tender / not tender . Soft / Firm / Hard in consistency . It is located in the muscular triangle .  
With a butterfly / irregular / solitary nodular shape it is ..... X ..... X ..... cm . With a smooth / nodular surface .  
skin overlying the swelling shows / does not show redness / scars / necrosis / ulcer / sinus / fistula / dilated veins / pigmentation / infiltration / timble / buckery .  
Lower edge can / can not be felt . Attached / not attached to skin , sternomastoid , trachea . Trachea & larynx are / are not displaced .  
carotid pulsations are normal / displaced / absent (berry's sign) . It moves up & down with deglutition & with protrusion of the tongue .  
the swelling shows / does not show expansile pulsation , thrill . there is / is no other swelling in the nick.

## percussion & auscultation & measurement

areas over the manubrium & medial ends of the 1st intercostal space are rseonant / dull .  
systolic murmur is presnt in the upper pole / there is no abnormal sounds heard on auscultation .  
the circumference at the level of cricoid cartilage is .....

## diagnosis

Physiological goiter / (recurrent) Nodular (multinodular) goiter / Primary toxic goiter / Secondary toxic goiter / (recurrent) Cancer thyroid